



Zak Self

Height 5'8 Weight 150 lb.

WFPF Managers:

David Thompson 323.377.0022

Victor Bevine 310.709.4700

Special Skills

WFPF Elite Parkour Freerunning Athlete,
WFPF Certified Level 1, 2 & 3 Instructor, WFPF Parkour
Competition Judge, Set Building, Singing, Cooking, Gymnastics,
Cheerleading, Dancing, Naval Weapons Training, Military Tactics,
Combat, Precision Driving, Scuba Diving, Rock Climbing, Surfing,
Snowboarding, Horseback Riding, Brazilian Jiu Jitsu, Boxing, Kick
Boxing, Volleyball, 13 years of Baseball, Basketball, Semi-Pro
Football, Soccer, Rugby, Diving, Track and Field; sprinter, long &
triple jump, Construction, Builder, Landscaper, Event Coordinator



Commercials	Role	Production	Director/Producer
Runner Trailer Palo Alto Audio	Hero Runner Lead male actor	RSA Flims WithAmyMac	Adrian Moat Amy McIntyre

Live Events

2016 All Star Games Las Vegas Opening Ceremonies - Parkour Performer

Competitions

2016 WFPF Pro-Am Parkour Championship, Mandalay Bay- Top 10 Finalist

Music Videos

Billy Currington "Hey Girl" – Dating Couple

Education/Training

WFPF/USA Parkour Certification – Level 1, 2 and 3
CPR/AED/First Aid Certified
US Navy – Master at Arms
Certified Lifeguard

Other Work Experience

Parkour Director at Xcel 360 – Tampa, FL
Parkour Director at Mpact Sports – Nashville, TN

